

# Cotopaxi Schools

6 Grade- 12 Grade

LUNCH

FEBRUARY 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/30/2012  Toasted Cheese Sandwich Tomato Soup Crackers salad bar MILK	Tue - 1/31/2012  Chicken Spaghetti salad bar Garlic Bread fresh fruit Milk	Wed - 2/1/2012  Green Chili Burrito, Bean and Beef salad bar MILK	Thu - 2/2/2012  Pork Roast Gravy Mashed Potatoes salad bar Wheat Rolls MILK	Fri - 2/3/2012
Mon - 2/6/2012  Taco salad bar Rice & Beans Peaches MILK	Tue - 2/7/2012  Pepperoni Pizza salad bar Pineapple Chunks MILK	Wed - 2/8/2012  Chicken Ala King Noodles Green Beans salad bar Wheat Rolls MILK	Thu - 2/9/2012  Ham Croissant Potato Wedge Fry salad bar Chocolate Pudding fresh fruit MILK	Fri - 2/10/2012
Mon - 2/13/2012  Tostada Beef & Bean salad bar Apple Crisp MILK	Tue - 2/14/2012  Spaghetti & Meat Sauce salad bar Bread Stix Pineapple Chunks MILK	Wed - 2/15/2012  Sweet & Sour Ham Rice Oriental Vegetables salad bar Wheat Rolls MILK	Thu - 2/16/2012  Potato Bar Chili Cheddar Cheese Broccoli Sunflower Kernels Salsa CORNBREAD MILK NO SALAD BAR	Fri - 2/17/2012
Mon - 2/20/2012  NO SCHOOL	Tue - 2/21/2012  FAJITA salad bar GRAPES, Fresh MILK	Wed - 2/22/2012  Lasagna salad bar Garlic Bread GRAPES, Fresh MILK	Thu - 2/23/2012  Turkey Roast w Gravy Mashed Potatoes CARROTS Wheat Rolls salad bar MILK	Fri - 2/24/2012
Mon - 2/27/2012  Hamburgers on a Bun Potato Wedge Fry Pickles Lettuce & Tomato salad bar MILK	Tue - 2/28/2012  Chicken Spaghetti salad bar Garlic Bread fresh fruit Milk	Wed - 2/29/2012  Green Chili Burrito, Bean and Beef salad bar MILK	Thu - 3/1/2012  Pork Roast Gravy Mashed Potatoes salad bar Wheat Rolls MILK	Fri - 3/2/2012

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.