

Cotopaxi Schools

Lunch Menu September 2020

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|-----------------|
| Mon - 8/31/2020 Fajitas Pasta Salad Mandarin Oranges Salad Bar Milk | Tue - 9/1/2020 Hamburgers French Fries Pickles Pears Salad Bar Milk | Wed - 9/2/2020 Chili Cinnamon Rolls Crackers Fruit Salad Bar Milk | Thu - 9/3/2020 Mandarin Orange Chicken Rice California Veggies Tropical Fruit Salad Bar Milk | Fri - 9/4/2020 |
| Mon - 9/7/2020 Labor Day NO SCHOOL | Tue - 9/8/2020 Meatball Sandwich Coleslaw Fruit Cocktail Salad Bar Milk | Wed - 9/9/2020 Baked Tater Chili Broccoli Cornbread Apple Salad Bar Milk | Thu - 9/10/2020 Chxn Fried Steak Mashed Taters Gravy Green Beans Rolls Oranges Milk NO SALAD BAR | Fri - 9/11/2020 |
| Mon - 9/14/2020 Grilled Cheese Sandwich Tomato Soup Apple Salad Bar Milk | Tue - 9/15/2020 Chicken Nuggets Potato Salad Kiwi Salad Bar Milk | Wed - 9/16/2020 Lasagna Garlic Bread Pears Salad Bar Milk | Thu - 9/17/2020 Burrito Peaches Spanish Rice Salad Bar Milk | Fri - 9/18/2020 |
| Mon - 9/21/2020 Mac n' Cheese Diced Ham Broccoli Grapes Salad Bar Milk | Tue - 9/22/2020 Pizza Salad Bar Corn Pineapple Chunks Milk | Wed - 9/23/2020 Salad Bar Santa Fe Soup Applesauce Milk | Thu - 9/24/2020 Hot Turkey Gravy Mashed Taters Green Beans Peaches Rolls Salad Bar Milk | Fri - 9/25/2020 |
| Mon - 9/28/2020 Fajitas Pasta Salad Mandarin Oranges Salad Bar Milk | Tue - 9/29/2020 Hot Dog Potato Chips Baked Beans Watermelon Salad Bar Milk | Wed - 9/30/2020 Ham Croissant Potato Wedges Fruit Salad Bar Milk | Thu - 10/1/2020 Mandarin Orange Chicken Rice California Veggies Tropical Fruit Salad Bar Milk | Fri - 10/2/2020 |

This Institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.